

BEHIND THE WEEPING WALLS RECORD SHEET

CLASS & ACTIVITY SCHEDULE

Each activity or class has a different instructor every day, so each one is a different experience — some useful, some not so... With this schedule, you can make a note of the activities you have already experienced during your stay at Metamorphosis.

Class & Activity Schedule

1. Kayaking, BodyFit, Spinning, Colonic Irrigation
2. Facial, Massage, Reflexology, Acupuncture

LUNCH

3. Hypnotherapy, Hiking, Yoga

DINNER

4. Flotation Therapy, Lecture, Group Therapy

Metamorphosis

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METAMORPHOSIS SCORE

Whether or not the Retreat manages to transform you, as it promises to, depends on your **METAMORPHOSIS score**. You start at **zero**, and depending on if you add or subtract points, could end up with a negative or positive score. Whether that is a good or a bad thing, well, you'll just have to wait and see.

Starting Score: 0,

Final Score:

ITEMS AND INFORMATION

You will collect items and information as you go, so it makes sense to record those somewhere safe. You wouldn't want to forget anything, now would you?

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RUNESTONES

You will also be collecting runestones. You may see only the markings or hear only the name. Sometimes, you may get both, but you should use this list of the 24 runes to make a note of all the stones that you **collect**. And keep in mind that type AND quantity are important.

For example, if you collect three Isa, no Raidho and one Sowilu runestones, your list would be marked like this:

I	✓✓✓	Isa	I
R		Raidho	R
S	✓	Sowilu	S

Some of them may prove to be highly important during your time at Metamorphosis...






Rune Symbol	✓	Rune Name	Alphabet Letter
ᚱ		Mannaz	M
ᚷ		Gebo	G
ᚼ		Fehu	F
ᚫ		Othila	O
ᚢ		Uruz	U
ᚦ		Perth	P
ᚦ		Nauthis	N
ᚫ		Ingwuz	N
ᚷ		Algiz	Z
ᚢ		Eihwaz	Y
ᚼ		Ansuz	A
ᚦ		Wunjo	V W

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Rune Symbol	✓	Rune Name	Alphabet Letter
ᚱ		Ehwaz	E
ᚦ		Laguz	L
ᚷ		Hagalaz	H
ᚱ		Thurisaz	X
ᚫ		Dagaz	D
ᚲ		Isa	I
ᚷ		Raidho	R
ᚱ		Sowilu	S
ᚲ		Tiwaz/Tyr	T
ᚷ		Berkana	B
ᚷ		Jera	J
ᚷ		Kauno	C K Q

KEYPAD SYMBOLS

If you do make it behind the weeping walls and beyond, you will need access to certain rooms or be able to activate devices. If you figure out what numbers are represented by the keypad symbols, you should record them here for safekeeping.

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CODEWORDS

There are also codewords to be ticked, so you can track your unique pathway throughout the entire saga.

BANDAGE	<input type="checkbox"/>	SOOT	<input type="checkbox"/>
BETRAYAL	<input type="checkbox"/>	STROBE	<input type="checkbox"/>
BLUEPRINT	<input type="checkbox"/>	TEDDY BEAR	<input type="checkbox"/>
BURNT FEATHERS	<input type="checkbox"/>	TOXINS	<input type="checkbox"/>
CHRYSLIS	<input type="checkbox"/>	TRANCE	<input type="checkbox"/>
FREEDOM	<input type="checkbox"/>	TYR	<input type="checkbox"/>
GASTROPOD	<input type="checkbox"/>	ULTRAVIOLET	<input type="checkbox"/>
GREY WOMAN	<input type="checkbox"/>	WALPURGIS	<input type="checkbox"/>
POLLUTION	<input type="checkbox"/>	WITCH	<input type="checkbox"/>
REVELATIONS	<input type="checkbox"/>	WUNJO	<input type="checkbox"/>
SCUBA GEAR	<input type="checkbox"/>		

THE SUBMERGED HOUSE — FLOOR PLAN

And finally, if you make it this far, you will definitely need to know your way around the submerged house.

